



POWER SWEEP

**FOURTEEN NFL
POWER SWEEPS 2007-'11**
(ALL ★'S WINNING)

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Volume 30 Special Issue

Summer Edition

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★ POST DRAFT ISSUE ★ DRAFT WINNERS & LOSERS KEY OFFSEASON MOVES/GRADES

NORTHCOAST SPORTS SERVICE

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FOOTBALL ONLY

It is almost July and here at Northcoast Sports we are off of six long months of hard work. Unlike other sports services, we HAVE NOT been working on basketball or baseball. We focus on one sport - FOOTBALL - year round. That is why we are the #1 Football Service in the country.

This is our 31st year in the business and the 29th year for Power Sweep. The Underdog Play of the Week is always a reader favorite recording a 203-148 record over the last 29 years!! The NFL Key Selections are successful each year and have recorded **FOURTEEN POWER SWEEPS** over the L/5Y (all ★ plays winning) and the (4) Angle Plays are **34-17 67%** the last 8 years. Last year the (3) and (4) Angle Plays combined to hit 60% winners over the last 15 weeks. The System Play, in its 28 year history, produces consistent winners. Our special Double Bowl Issue comes out as a 32 page information-packed bowl booklet that will keep you up to date on every college bowl game. Almost every bowl is ★ rated and each includes a complete Power Plays forecast. **The last five Bowl Issues have FINISHED 95-65!! The Key Selections in the Bowl Issues have posted consistently solid results! The 4★ Selections are 12-7 63% in the last four years!!!!!!**

FREE SELECTION FROM THE AMAZING MONDAY NIGHT ANGLE FORECAST SHEET!

If you are a longtime customer you already know we value your feed back. It's one reason we continue to improve our publications and bring you packages and products that YOU'VE ASKED US FOR. This year a huge change is that we've COMBINED the Pro & College Scorebooks into one. This monster scorebook provides you 2 full pages on each college and NFL team. We have conjoined the College Over/Under Section with the Results pages so you will see halftime scores, O/U lines and the results for the past 2 years including byes and the day the game was played. Although some features have not made their way back into the new scorebook, a lot of that information will be accessible at ncsports.com for FREE.

This is the 27th year we are publishing football Scorebooks and it continues to be the top book of its kind on the market. We sell thousands of Scorebooks each year including quite a few which are purchased by other sports services. While much of your favorite content from past Scorebooks will be available online, the 25th edition of the famous Monday Night Angle Forecast Sheet will ONLY be available in the Scorebook. **This sheet predicts all of the Monday Night games for the upcoming season IN ADVANCE!** There is nothing that you need to figure out. Every game is predicted prior to the season and ranked from 1★ to a rare 4★. Even with the plays in print before the season, this sheet has produced consistent winners. **The last 3 years the 3★'s and higher have gone 9-3 75%!!**

This year's sheet is completed and we will give you one of the plays—FREE. We will look ahead to Oct 15th. Denver at San Diego says to play a 3★ on SD if they're favored and a 4★ on SD if they're a dog. That is how easy the sheet is to use! No difficult numbers to calculate and a very high percentage of winners.

POST DRAFT "A" & "D" GRADES

HITTING 91% OVER THE LAST 3 YEARS!

The Post Draft Issue grades a team's offseason a little differently than most. The grades we put into Power Sweep predict whether a team's record will improve or decline for the upcoming season. We take EVERYTHING into account. Included in the analysis are coaching changes, the NFL Draft, Free Agent signings, Free Agent losses & even favorable or unfavorable schedules. The "A" & "D" grades have been extremely accurate over the years.

Last year with the NFL work stoppage we were unable to do a Post Draft Issue. An overwhelming amount of people contacted us for the offseason grades that you've become accustom to receiving each year. With the unique 2011 season and the late Free Agency signings we did not release those grades, but THEY'RE BACK!!!!

We spend a great deal of time and effort making these grades and while there was no list LY, here's a recap of the past 17 years as well as 2009 & 2010.

	"A" Better	Worse	Same	
Last 17 years	98	77	17	4
2009-'11	14	12	2	0
"D" Worse Better Same				
Last 17 years	50	39	8	3
2009-'11	9	8	0	1
"A&D" Correct Incorrect Same				
Last 17 years	148	116	25	7
2009-'11	23	20	2	1

With no grades given out LY, let's look at a recap of 2010. ATL, BAL, DET, OAK, SEA, SF and WAS all received "A" grades. Six teams improved by at LEAST two games with DET and ATL improving by four games. Five teams were given "D" grades in ARZ, BUF, DEN, NO and PHI. ALL FIVE saw their record drop included DEN by 4 games and ARZ by five. So our last published "A" & "D" grades went 11-1 92%.

2012	2011	2011	2010	2010	2012	2011	2011	2010	2010
O/U	O/U	Wins/dif	O/U	Wins/dif	O/U	O/U	Wins/dif	O/U	Wins/dif
NE 12.5	11.5	13	9.5	14	CIN 8	5.5	9	8	4
GB 12	11.5	15	9.5	10	KC 8	7.5	7	6.5	10
PIT 10.5	10.5	12	8.5	12	OAK 7.5	6.5	8	6	8
PHI 10	10.5	8	8.5	10	CAR 7.5	4.5	6	7.5	2
BAL 10	10.5	12	10	12	TEN 7.5	6.5	9	8.5	6
NO 9.5	10	13	10.5	11	MIA 7.5	7.5	6	8.5	7
HOU 9.5	8.5	10	8	6	BUF 7.5	5.5	6	5.5	4
SF 9.5	7.5	13	8.5	6	SEA 7	6.5	7	7.5	7
SD 9	10	8	11	9	ARZ 6.5	6.5	8	7.5	5
ATL 9	10.5	10	9	13	MIN 6	7	3	9.5	6
DET 9	7.5	10	5	6	WAS 6	6.5	5	7.5	6
NYG 8.5	9.5	9	8.5	10	STL 5.5	7.5	2	5	7
NYJ 8.5	10	8	9.5	11	TB 5	8	4	5.5	10
DAL 8.5	9	8	10	6	IND 5	9.5	2	11	10
CHI 8.5	8.5	8	8	11	JAX 5	6	5	7	8
DEN 8.5	5.5	8	7.5	4	CLE 4.5	8.5	4	5.5	5

One of the most popular Scorebook pages is our NFL Futures from our imaginary employee Fred. We incorporated that page into this Power Sweep edition so check out page 3. Above are the Las Vegas Over/Under WIN TOTALS for the 2012 regular season. WE'D LIKE TO THANK BOTH THE LAS VEGAS HILTON AND THE CANTOR SPORTS BOOK OF LAS VEGAS FOR PROVIDING US WITH LINES.

**RENEW FOR 2012 AND
PAY JUST \$94^{download} / \$134^{mail}**

in () after player = starts

-AFC EAST-

NEW ENGLAND PATRIOTS (12-4) GRADE: B

2011 CATEGORIES	2010	RD-#	POS	PLAYER	WR Brandon Lloyd - STL (10)	FB Spencer Larsen - DEN (6)	DE Shaun Ellis - FA (10)
13-3	SU 14-2	1-21	DE	Chandler Jones	FB Tony Fiammetta - DAL (6)	CB Will Allen - MIA (6)	RB Benjamin Green-Ellis - CIN (6)
2	TOT OFF 25	1-25	LB	Dont'a Hightower	DE Jonathan Fanene - CIN (2)	LB Bobby Carpenter - DET (3)	WR Kevin Faulk - FA (3)
31	TOT DEF 8	2-48	S	Tavon Wilson	WR Dont'e Stallworth - WAS (0)	CB Antwaun Molden - NYG (2)	DE Mark Anderson - BUF (1)
9-7	ATS 14-2	3-90	DE	Jake Bequette	OG Jamey Richard - IND (0)	DT Trevor Scott - OAK (0)	CB Nathan Jones - FA (1)
11-5	O/U 13-3	6-197	S	Nate Ebner	DT Marcus Harrison - FA (0)	DE Mike Wright - FA (0)	FB Lousaka Polite - FA (0)
+17	TO +28	7-224	CB	Alfonzo Dennard	WR Jeremy Ebert	CB Marquice Cole - NYJ (0)	S Bret Lockett - FA (0)
13.4	OFF YPP 11.2	7-235	WR	Jeremy Ebert			
19.2	DEF YPP 18.7						
+17	YPG -3						
+2	CLOSE W/L +4						
-1	WIN DIF FROM LY +4						

NE finally got back to the Super Bowl LY getting that elusive playoff win that had been avoiding them (last win '08). We like the additions on the def side of the ball. They used a pair of 1st RD DC on Chandler Jones out of Syracuse and Dont'a Hightower out of Alabama. We are very high on their #2 DC, S Tavon Wilson, as well as #3 DC Jake Bequette who was by far Arkansas' best defensive player LY. These players will help NE drastically improve upon a defense that was #31 in the NFL last year. The offense should be just as strong, which is quite a statement because they averaged 428 ypg last year. They bring in Brandon Lloyd from STL (1448 yds 18.8 in 2010) and even added a couple of TE's to go with the deepest TE corps in the NFL. The Patriots had 66 starts lost to injury LY (4th highest in the NFL) and should be healthier. There are some key factors pointing downward for 2012 as they were +17 in TO's and were actually +17 ypg last year despite their 13-3 record. While NE probably won't match that 13 win total from last season, they still are favored to get to and win the Super Bowl this season and that has us giving them a B grade here.

NY JETS (10-6) GRADE: A-

2011 CATEGORIES	2010	RD-#	POS	PLAYER	QB Tim Tebow - DEN (x)	WR Plaxico Burress - FA (13)	DELETIONS
8-8	SU 11-5	1-16	DE	Quinton Coples <td>SS Yeremiah Bell - MIA (16) <td>S Jim Leonhard - FA (13) <td>TE Matthew Mulligan - STL (9) </td></td></td>	SS Yeremiah Bell - MIA (16) <td>S Jim Leonhard - FA (13) <td>TE Matthew Mulligan - STL (9) </td></td>	S Jim Leonhard - FA (13) <td>TE Matthew Mulligan - STL (9) </td>	TE Matthew Mulligan - STL (9)
25	TOT OFF 11	2-43	WR	Stephen Hill <td>K Josh Brown - STL (16) <td>TE Mark Brunell - FA (0) <td>FS Brodney Pool - DAL (6) </td></td></td>	K Josh Brown - STL (16) <td>TE Mark Brunell - FA (0) <td>FS Brodney Pool - DAL (6) </td></td>	TE Mark Brunell - FA (0) <td>FS Brodney Pool - DAL (6) </td>	FS Brodney Pool - DAL (6)
5	TOT DEF 3	3-77	LB	Demario Davis <td>FS LaRon Landry - WAS (8) <td>LB Jamaal Westerman - MIA (3) <td>LB LaDainian Tomlinson - FA (1) </td></td></td>	FS LaRon Landry - WAS (8) <td>LB Jamaal Westerman - MIA (3) <td>LB LaDainian Tomlinson - FA (1) </td></td>	LB Jamaal Westerman - MIA (3) <td>LB LaDainian Tomlinson - FA (1) </td>	LB LaDainian Tomlinson - FA (1)
7-9	ATS 11-5	6-187	S	Josh Bush <td>WR Chaz Schilens - OAK (5) <td>RB Donald Strickland - FA (1) <td>QB Mark Brunell - FA (0) </td></td></td>	WR Chaz Schilens - OAK (5) <td>RB Donald Strickland - FA (1) <td>QB Mark Brunell - FA (0) </td></td>	RB Donald Strickland - FA (1) <td>QB Mark Brunell - FA (0) </td>	QB Mark Brunell - FA (0)
10-6	O/U 12-4	6-202	RB	Terrance Ganaway <td>OT Stephon Heyer - OAK (2) <td>QB Kevin O'Connell - FA (0) <td>OG Robert Turner - STL (0) </td></td></td>	OT Stephon Heyer - OAK (2) <td>QB Kevin O'Connell - FA (0) <td>OG Robert Turner - STL (0) </td></td>	QB Kevin O'Connell - FA (0) <td>OG Robert Turner - STL (0) </td>	OG Robert Turner - STL (0)
-3	TO +9	7-242	S	Robert T. Griffin <td>DE Jay Richardson - FA (0) <td>CB Marquice Cole - NE (0) <td>S Gerald Alexander - FA (0) </td></td></td>	DE Jay Richardson - FA (0) <td>CB Marquice Cole - NE (0) <td>S Gerald Alexander - FA (0) </td></td>	CB Marquice Cole - NE (0) <td>S Gerald Alexander - FA (0) </td>	S Gerald Alexander - FA (0)
13.2	OFF YPP 15.3						
13.8	DEF YPP 15.3						
-0.3	YPG +60						
+1	CLOSE W/L +2						
-3	WIN DIF FROM LY +2						

The Jets were one of the Super Bowl favorites last year yet finished 8-8 and even missed the playoffs. The receiving unit failed to live up to expectations and Mark Sanchez had 26 TO's (18 Int/8 fum) LY. There are many factors pointing upwards for the Jets for this season. Last year the Jets faced the #9 schedule in the NFL and this year is markedly easier at #27. The Jets also had a defensive ypp of 13.8 which is why they ranked #20 in points allowed (22.7) but had the #5 defense in the NFL (312 ypg). This year the Jets do lose 2 starters in WR Burress and S Leonard but add in MIA S Yeremiah Bell (16 st), K Josh Brown and FS LaRon Landry. They also had a nice draft picking up a solid DL in Quinton Coples, a rec with speed in Stephen Hill and a productive LB in Demario Davis. A controversial offseason pickup was Tim Tebow but we think he will push Mark Sanchez and either Sanchez will have a better season or Tebow will be leading them to the playoffs. Overall, the Jets will be improved on offense with new OC Tony Sparano as well as on defense. The Jets should go from 8-8 to the playoffs this year which is why they earn one of our coveted "A" grades.

BUFFALO BILLS (8-8) GRADE: B+

2011 CATEGORIES	2010	RD-#	POS	PLAYER	DE Mario Williams - HOU (5)	CB Drayton Florence - DEN (16)	DELETIONS
14	TOT OFF 24	1-10	CB	Stephon Gilmore	QB Vince Young - PHI (3)	PK Dave Rayner - FA (8)	LT Demetress Bell - PHI (6)
26	TOT DEF 25	2-41	T	Cordy Glenn	DE Mark Anderson - NE (1)	LB Andrea Davis - FA (3)	WR Roscoe Parrish - SD (2)
6-9-1	ATS 4-12	3-69	WR	T.J. Graham	WR David Clowney - FA (0)	CB Reggie Corner - FA (1)	LB Reggie Torbor - FA (0)
10-5-1	O/U 7-9	4-105	LB	Nigel Bradham	LB Scott McKillop - FA (0)	S Jon Corto - FA (0)	
+1	TO -17	4-124	CB	Ron Brooks			
15.1	OFF YPP 17.2	5-144	T	Zebrie Sanders			
13.7	DEF YPP 13.6	5-147	LB	Tank Carder			
-20	YPG -57	6-178	G	Mark Asper			
-2	CLOSE W/L -2	7-251	K	John Potter			
+2	WIN DIF FROM LY -2						

BUF jumped out to a 5-2 start LY but RB Fred Jackson landed on the IR missing the L6 games and BUF won just one of their final 9 games. The Bills had a solid, young team LY which will benefit from a year of exp. TY they used their top pick on CB Stephon Gilmore who was a solid athlete that was very productive at South Carolina. This is a team whose top QB was a #7DC, their top RB is an UFA and their top 2 WR's are a #7DC and a UFA. They have CJ Spiller at RB, now entering his 3rd yr, added Vince Young as a backup QB (#1DC) and add in #2DC T Cordy Glenn from Georgia and #3DC T.J. Graham from NC State. The Bills had 2 net close losses LY, a def ypp of 13.7 and have 2 other key factors in their favor. LY they had 70 starts lost to injury, which was the 3rd most in the NFL and figure to stay healthier and their schedule goes from #5 in the NFL all the way down to #29 as Dave Wannstedt takes over as DC. After having 6 wins LY, it looks like the Bills are poised to possibly contend for a playoff berth.

MIAMI DOLPHINS (6-10) GRADE: C-

2011 CATEGORIES	2010	RD-#	POS	PLAYER	WR Legedu Naanee - CAR (10)	WR Brandon Marshall - CHI (16)	DELETIONS
6-10	SU 7-9	1-8	QB	Ryan Tannehill	QB Richard Marshall - ARZ (9) <td>S Yeremiah Bell - NYJ (16) <td>OT Marc Colombo - RET (16) </td></td>	S Yeremiah Bell - NYJ (16) <td>OT Marc Colombo - RET (16) </td>	OT Marc Colombo - RET (16)
22	TOT OFF 21	2-42	T	Jonathan Martin	LB Gary Guyton - NE (6) <td>OG Artis Hicks - CLE (3) <td>OG Vernon Carey - FA (15) </td></td>	OG Artis Hicks - CLE (3) <td>OG Vernon Carey - FA (15) </td>	OG Vernon Carey - FA (15)
15	TOT DEF 6	3-72	DE	Olivier Vernon	WR Chad Ochocinco - MIA (3) <td>DE Kendall Langford - STL (12) <td>CB Will Allen - NE (6) </td></td>	DE Kendall Langford - STL (12) <td>CB Will Allen - NE (6) </td>	CB Will Allen - NE (6)
8-7-1	ATS 7-9	3-78	TE	Michael Egnew	LB Jamaal Westerman - NYJ (3) <td>QB Chad Henne - JAX (4) <td>RB Lex Hilliard - MIN (4) </td></td>	QB Chad Henne - JAX (4) <td>RB Lex Hilliard - MIN (4) </td>	RB Lex Hilliard - MIN (4)
4-12	O/U 7-9	4-97	RB	Lamar Miller	S Tyrell Johnson - MIN (3) <td>LB Jason Taylor - RET (2) <td>DE Phillip Merling - GB (1) </td></td>	LB Jason Taylor - RET (2) <td>DE Phillip Merling - GB (1) </td>	DE Phillip Merling - GB (1)
-6	TO -12	5-155	LB	Josh Kaddu <td>QB David Garrard - FA (0) <td>LB Marvin Mitchell - MIN (0) <td>LB Ikaika Alama-Francis - FA (0) </td></td></td>	QB David Garrard - FA (0) <td>LB Marvin Mitchell - MIN (0) <td>LB Ikaika Alama-Francis - FA (0) </td></td>	LB Marvin Mitchell - MIN (0) <td>LB Ikaika Alama-Francis - FA (0) </td>	LB Ikaika Alama-Francis - FA (0)
15.4	OFF YPP 18.9	6-183	WR	BJ Cunningham		QB JP Losman - FA (0) <td></td>	
17.6	DEF YPP 14.9	7-215	DE	Kheeston Randall			
-28	YPG +14	7-227	WR	Rishard Matthews			
-3	CLOSE W/L 0						
-1	WIN DIF FROM LY 0						

The Dolphins had a couple of key things happen in the offseason. First, they brought in a new HC in Joe Philbin who was Green Bay's OC from 2007-11 and a new OC in Mike Sherman who comes from Texas A&M. The other was they were a key player in the Manning sweepstakes which they did not win, also missing out on Matt Flynn. They drafted Ryan Tannehill who appears to be a project and while he has NFL tools, he has very little experience as a successful QB in big games and may be 2-3 years away. The new coaching staff let go of 4 players who started 12 or more games last year and only bring in 2. They are playing in the tough AFC East and are switching to a 4-3 defense. Their schedule does go from #7 to #26 which should result in more wins but they only had 30 starts lost to injury last year (10th lowest) and their def ypp was 17.6. Overall this team, which spent its first round DC on a project does not appear poised to improve their record which is why they earn this grade.

PRESEASON LAS VEGAS WAGERS

For the last 17 years we have sent an imaginary employee, Fred, to Las Vegas to legally wager on some preseason odds. Fred plunks down his hard earned cash on different preseason wagers in the NFL. In 2000 Fred had a tremendous year. He wagered \$10,000 prior to the season and picked up \$17,300 at the windows after the Super Bowl. The top wagers were Denver and Baltimore to go OVER 9' and 8' wins and they recorded 11 and 12 wins respectively, for a solid profit of \$4,650. The BEST wager was \$300 on Baltimore to win the Super Bowl at 15-1 odds for a \$4,500 profit! That was a nice 73% return on his investment in a 6 month span, his best year ever. 2001 was another fine year as he picked up \$13,200 after the Super Bowl. The top 3 wagers in 2001 were all winners with Kansas City UNDER 8, St Louis OVER 11 and Buffalo UNDER 8. In 2002 Fred made money but not enough to pay for his plane flight as he took home \$10,100. He was 3-1-1 on his top wagers with Minnesota UNDER 8, Green Bay OVER 10 and Tampa Bay OVER 9 wins. In 2003 Fred gave back \$625 in an off year. In 2004 he wagered \$12,500 and came home with \$15,000 for a nice profit including New England to win the Super Bowl. In 2005 Fred ventured out with another \$12,500 and came back with \$14,000 making it worth the trip. The best plays were Carolina OVER 9, Kansas City OVER 8', Denver OVER 8' and Oakland UNDER 7'. For 2008 Fred cashed his top play on Philadelphia Over 8.5 wins and also cashed 3 of his top 4 wagers. In 2009 Fred again bet on the Super Bowl winner cashing in on 19-1 odds on the New Orleans Saints. For the 2009 football season he finished with a profit of \$2,900. In 2010 Fred hit 4 of his top 6 plays included his biggest wager of \$3000 on New England Over 9.5 wins. Last year Fred showed a profit of +\$1,550 as we had \$225 on the NY Giants to win the Super Bowl at 17-1.

2012 PRESEASON LAS VEGAS WAGERS

It is now 2012 and listed to the left are our plays that we have given Fred along with a \$12,500 bankroll and sent him to Las Vegas to

- \$ 2,500 on Houston to win MORE than 9.5 games
- \$ 2,000 on Oakland to win LESS than 7.5 games
- \$ 1,500 on NY Giants to win MORE than 8.5 games
- \$ 1,500 on Chicago to win MORE than 8.5 games
- \$ 900 on Philadelphia to win MORE than 10 games
- \$ 500 on Tennessee to win LESS than 7.5 games
- \$ 500 on San Diego to win MORE than 9 games
- \$ 500 on Kansas City to win MORE than 8 games
- \$ 500 on New England to win Super Bowl at 8-1
- \$ 400 on Green Bay to win Super Bowl at 13-2
- \$ 300 on Philadelphia to win Super Bowl at 14-1
- \$ 250 on Houston to win Super Bowl at 12-1
- \$ 225 on NY Giants to win Super Bowl at 18-1
- \$ 200 on Chicago to win Super Bowl at 18-1
- \$ 200 on San Diego to win Super Bowl at 25-1
- \$ 135 on Dallas to win Super Bowl at 20-1
- \$ 120 on NY Jets to win Super Bowl at 25-1
- \$ 110 on Atlanta to win Super Bowl at 25-1
- \$ 100 on Kansas City to win Super Bowl at 50-1
- \$ 60 on Tampa Bay to win Super Bowl at 75-1

cash in on this year's winners. If you are in Vegas you might say "Hi" to Fred and also get in on some or all of this year's plays!



This is now the 18th year that Fred will travel to Vegas and he will once again concentrate on OVER/UNDERS in wins for each NFL team but he also likes to look at some longshots (and some that are not so long) for the Super Bowl crown.

TOTAL 2012 WAGERS \$12,500
TOTAL 2012 WINNINGS!!!!!!! \$ _____

1994 -2011 PROFIT \$ 17,405!!!!

in () after player = starts

- AFC NORTH -

PITTSBURGH STEELERS (10-6)

GRADE: B

2011	CATEGORIES	2010
12-4	SU	12-4
12	TOT OFF	14
1	TOT DEF	2
7-9	ATS	7-9
6-10	O/U	12-4
-13	TO	+17
18.3	OFF YPP	14.7
19.2	DEF YPP	19.1
+101	YPG	+69
+3	CLOSE W/L	+3
0	WIN DIF FROM LY	+3

2012 DRAFT	ADDITIONS	DELETIONS
RD-# POS PLAYER	TE Leonard Pope - KC (10)	NT Chris Hoke - RET (2)
1-24 G David DeCastro	QB Troy Smith - FA (0)	CB Bryant McFadden - FA (1)
2-56 T Mike Adams	WR Derrick Williams - FA (0)	QB Dennis Dixon - FA (0)
3-86 LB Sean Spence	WR Mewelde Moore - FA (0)	RB Melwede Moore - FA (0)
4-109 NT Alameda Ta'amu	CB William Gay - ARZ (15)	WR Arnaz Battle - FA (0)
5-159 RB Chris Rainey	LB James Frazier - FA (14)	OT Jamon Meredith - TB (0)
7-231 WR Toney Clemons	OT Max Starks - FA (12)	CB Anthony Madison - FA (0)
7-240 TE David Paulson	WR Hines Ward - RET (9)	P Daniel Sepulveda - FA (0)
7-246 CB Terrence Frederick	OG Chris Kemoatu - FA (8)	
7-248 G Kelvin Beachum	DE Aaron Smith - RET (4)	

There are conflicting factors for PIT but after tying for the AFC North crown for 2 straight seasons, winning on tie-breakers in '10 then losing on tie-breakers in '11, it's time for them to get back on top. In 2011, the Steelers matched their 12-4 record from 2010 but benefitted from 3 net close wins and had a def ypp of 19.2. Their schedule TY goes from #24 to the 10th toughest. PIT was banged up LY missing 60 sts due to inj and Roethlisberger was far from 100% at the end. They had an off ypp of 18.3 and their +101 ypg was #1 in the NFL. PIT finished -13 in TO's which points up and they won 6 of their final 7 games. They are another year older on defense but finished #1 in total def for the 3rd time in 5 years. They finally addressed the OL with their 1st 2 DC's in David DeCastro from Stanford and Mike Adams from Ohio St then went to the def front 7 with their #3 and #4 DC's. As usual, they lost more than they gained during FA but that is status quo for the Steelers and this team should remain healthier than LY's version.

BALTIMORE RAVENS (10-6)

GRADE: C-

2011	CATEGORIES	2010
12-4	SU	12-4
15	TOT OFF	22
3	TOT DEF	10
8-7-1	ATS	12-4
9-7	O/U	7-9
+2	TO	+7
14.3	OFF YPP	14.5
17.4	DEF YPP	18.9
+50	YPG	+4
+2	CLOSE W/L	+4
0	WIN DIF FROM LY	+3

2012 DRAFT	ADDITIONS	DELETIONS
RD-# POS PLAYER	WR Jacoby Jones - HOU (10)	S Tom Zbikowski - IND (4)
2-35 LB Courtney Upshaw	QB Curtis Painter - IND (8)	WR Lee Evans - JAX (2)
2-60 OG Kelechi Osemele	NT Ryan McBean - DEN (3)	CB Chris Carr - MIN (1)
3-84 RB Bernard Pierce	LB Cody Glenn - FA (0)	CB Shayne Graham - HOU (1)
4-98 OG Gino Gradkowski	CB Corey Graham - CHI (0)	PK Ricky Williams - RET (0)
4-130 S Christian Thompson	S Sean Considine - ARZ (0)	TE Kris Wilson - FA (0)
5-169 CB Asa Jackson		DT Brandon McKinney - IND (0)
6-198 WR Tommy Streater	OLB Jarret Johnson - SD (16)	LB Edgar Jones - FA (0)
7-236 DE DeAngelo Tyson	DE Cory Redding - IND (11)	CB Dominique Foxworth - FA (0)
	OG Ben Grubbs - NO (10)	S Haruki Nakamura - CAR (0)
	OG Andre Gurode - FA (5)	

BAL was a dropped pass away from being in the Super Bowl LY. That has many forecasting them to take the next step this season. They are coming off B2B 12-4 years but there are numerous factors pointing downward. They had 2 net close wins LY, were +49.8 ypg (5th), had a def ypp of 17.4 and only had 23 starts lost to injury LY which was 8th lowest. They took on the #28 schedule as well and now face the #3 schedule. I do expect QB Flacco to be better but they are still missing a consistent deep speed WR. Two key areas of concern are the loss of OLB Jarret Johnson to SD with DE/OLB Terrell Suggs tearing his Achilles (? TY). If he does not return you have to figure the Ravens def will be weaker than their #3 finish of LY. We also wonder if Ray Rice can continue to take a pounding as he had 367 touches LY. Just 2 years ago in the Post Draft Issue we had BAL as an "A" and they went from 9-7 to 12-4 but TY with a tougher schedule we don't see them getting to a 12 win total.

CINCINNATI BENGALS (6-10)

GRADE: C-

2011	CATEGORIES	2010
9-7	SU	4-12
20	TOT OFF	20
7	TOT DEF	15
8-6-2	ATS	4-12
10-6	O/U	8-8
0	TO	-8
14.9	OFF YPP	16.4
15.7	DEF YPP	13.4
3.6	YPG	-1.4
0	CLOSE W/L	-5
+5	WIN DIF FROM LY	-6

2012 DRAFT	ADDITIONS	DELETIONS
RD-# POS PLAYER	OG Traville Wharton - CAR (16)	OG Jacob Bell - RET (12)
1-17 CB Dre Kirkpatrick	CB Terence Newman - DAL (14)	DE Frostee Rucker - CLE (11)
1-27 G Kevin Zeitler	RB BenJarvus Green-Ellis - NE (6)	OG Bobbie Williams - FA (9)
2-53 DT Devon Still	CB Jason Allen - HOU (4)	OG Mike McGlynn - IND (4)
3-83 WR Mohamed Sanu	DE Jamaal Anderson - IND (1)	DE Jonathan Fanene - NE (2)
3-93 DT Brandon Thompson	C Reggie Stephens - CHI (0)	WR Andre Caldwell - DEN (2)
4-116 TE Orson Charles	DE Derrick Harvey - DEN (0)	LB Brandon Johnson - FA (1)
5-156 CB Shaun Prater		LB Kelly Jennings - FA (1)
5-166 WR Marvin Jones	OG Nate Livings - DAL (16)	S Gibrit Wilson - FA (1)
5-167 S George Iloka	S Chris Crocker - FA (16)	LB Keith Rivers - NYG (0)
6-191 RB Dan Herron	RB Cedric Benson - FA (15)	CB Rico Murray - FA (0)
	WR Jerome Simpson - MIN (14)	TE Bo Scaife - FA (0)

The Bengals have been a perfect rubber band team the last few years going from 4-11 up to 10-6 back down to 4-12 and back up to 9-7 with a playoff berth and this year should bounce back down. CIN does have the advantage of Andy Dalton having a year of experience and added a pair of 1st RD DC's in CB Dre Kirkpatrick (CIN only 10 Ints LY) and G Kevin Zeitler. They also added a couple of solid DT's in #2 DC Devin Still and #3DC Brandon Thompson which should help them be even tougher up front (#10 rush def LY). The Bengals lost 7 players who started 9 or more games LY and brought in 2 via FA to replace them. CIN had just 22 sts lost to injury LY and their schedule goes from #27 to #6. The Bengals are also fairly raw at WR as outside of AJ Green there is a combined 8 rec's coming forward from 2011. Also teams that had 5 more net wins than they had the previous year have a 75% chance of a weaker record and that is why the Bengals grab a "C-" grade.

CLEVELAND BROWNS (6-10)

GRADE: B

2011	CATEGORIES	2010
4-12	SU	5-11
29	TOT OFF	29
10	TOT DEF	22
7-7-2	ATS	5-11
5-11	O/U	9-7
+1	TO	-1
21.2	OFF YPP	17.1
17.3	DEF YPP	16.9
-44	YPG	-60.4
-3	CLOSE W/L	-4
-1	WIN DIF FROM LY	0

2012 DRAFT	ADDITIONS	DELETIONS
RD-# POS PLAYER	DE Frostee Rucker - CIN (11)	S Mike Adams - DEN (16)
1-3 RB Trent Richardson	DE Justice Parker - PHI (0)	P Brad Maynard - FA (15)
1-22 QB Brandon Weeden		DE Jayme Mitchell - FA (13)
2-37 OT Mitchell Schwartz		OT Tony Pashos - FA (12)
3-87 DT John Hughes		RB Peyton Hillis - KC (9)
4-100 WR Travis Benjamin		OG Artis Hicks - MIA (3)
4-120 LB James Michael Johnson		P Richmond McGee - FA (1)
5-160 OG Ryan Miller		OG Eric Steinbach - FA (0)
6-204 LB Emmanuel Acho		OG Steve Vallos - PHI (0)
6-205 DT Billy Winn		LB Titus Brown - FA (0)
7-245 CB Trevin Wade		
7-247 TE Brad Smelley		

The Browns made some drastic changes in the offseason drafting Brandon Weeden in the 1st RD and bringing in a potentially elite NFL RB with Trent Richardson. They continued to bolster the OL with their #2DC Mitchell Schwartz but didn't address the WR issue until the 4th RD. CLE let 5 players who started 9+ games depart in FA and only brought in run-stuffing DE Frostee Rucker. This is a team that had 3 net close losses LY and despite their 4-12 record, were only -43.6 ypg. They also had an offensive ypp of 21.2 and Josh Cribbs and the special teams should have more of an impact. After wearing the HC/OC hats as a rookie, Pat Shurmur brought in Brad Childress to run the offense and lighten the load. Their schedule does climb from #15 to #4 and one Vegas casino has them as an underdog in all 16 games this year. The Browns are a stronger team than last year and did have the #10 D in the NFL (#5 ppg) but that schedule keeps us from calling for much more.

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- AFC SOUTH -

HOUSTON TEXANS (12-4)

2011	CATEGORIES	2010
10-6	SU	6-10
13	TOT OFF	3
2	TOT DEF	30
11-5	ATS	6-10
6-10	O/U	11-5
+7	TO	0
15.6	OFF YPP	15.9
16.4	DEF YPP	14.1
+86	YPG	+9.7
0	CLOSE W/L	-2
+4	WIN DIF FROM LY	-3

2012 DRAFT

RD-#	POS	PLAYER
1-26	LB	Whitney Mercilus
3-68	WR	DeVier Posy
3-76	G	Brandon Brooks
4-99	C	Ben Jones
4-121	WR	Keshawn Martin
4-126	DE	Jared Crick
5-161	K	Randy Bullock
6-195	T	Nick Mondek

ADDITIONS

P	Donnie Jones - STL (16)
LB	Bradie James - DAL (13)

DELETIONS

OT	Eric Winston - KC (16)
LB	DeMeco Ryans - PHI (16)
K	Neil Rackers - WAS (16)
OG	Mike Bristol - OAK (13)
WR	Jacoby Jones - BAL (10)
TE	Joel Dreessen - DEN (10)
P	Matt Turk - FA (9)

GRADE: B+

DE	Mario Williams - BUF (5)
CB	Jason Allen - CIN (4)
RB	Derrick Ward - FA (1)
FB	Lawrence Vickers - DAL (1)
QB	Matt Leinart - OAK (1)
QB	Jake Delhomme - RET (0)
QB	Jeff Garcia - FA (0)
WR	Bryant Johnson - FA (0)
OG	Kasey Studdard - FA (0)
DE	Tim Bulman - FA (0)
SS	Dominique Barber - FA (0)

LY we went out of a limb and called for HOU to have their best record ever at 10-6 which is precisely where they finished. HOU had the #30 def in 2010 and improved by per game avg's of 5.1 FD's, 91 yds and 9.3 points while going from a 33-13 ratio to an 18-17 ratio to finish 2nd overall (286 ypg) LY. HOU opened up 10-3 but once they clinched a playoff spot, dropped their L/3 regular season games. After besting CIN in the Wild Card RD, they nearly beat BAL with 16-11 FD and 315-227 yd edges. TY HOU let several starters go in FA with the biggest losses being Mario Williams and DeMeco Ryans off the D. They will also field a new starting RG and RT. They added 2 FA's and drafted a pass rusher in Illinois' Whitney Mercilus with their #1 DC but did not have a 2nd Rnd DC. HOU faces the #31 schedule in the NFL for this year and have to be regarded as one of the Super Bowl favorites, especially playing in the AFC South.

TENNESSEE TITANS (6-10)

2011	CATEGORIES	2010
9-7	SU	6-10
17	TOT OFF	27
18	TOT DEF	26
7-9	ATS	6-10
6-10	O/U	9-7
+1	TO	-4
16.5	OFF YPP	13.6
17.9	DEF YPP	17.4
-20	YPG	-66
+1	CLOSE W/L	-3
+3	WIN DIF FROM LY	-2

2012 DRAFT

RD-#	POS	PLAYER
1-20	WR	Kendall Wright
2-52	LB	Zach Brown
3-82	DT	Mike Martin
4-115	CB	Coty Sensabaugh
5-145	TE	Taylor Thompson
6-190	S	Markelle Martin
7-211	DE	Scott Solomon

ADDITIONS

DE	Kameron Wimbley - OAK (16)
OG	Steve Hutchinson - MIN (14)
DT	Leger Douzable - JAX (6)

DELETIONS

OG	Jake Scott - FA (16)
CB	Cortland Finnegan - STL (16)
DT	Jason Jones - SEA (13)
LB	Barrett Ruud - SEA (9)
FB	Ahmad Hall - FA (7)
S	Chris Hope - FA (2)
DE	William Avery - STL (1)
WR	Donnie Avon - IND (0)
OG	Duke Robinson - FA (0)
S	Anthony Smith - FA (0)

LY Mike Munchak took over as HC and exceeded expectations getting to 9-7 but TEN missed the playoffs for the 3rd straight year. This was despite a disappointing season from Chris Johnson who heldout and was nowhere near the Chris Johnson of old, only rushing for 1,047 (4.0). We expect Johnson to rebound TY and they added #1 DC Kendall Wright from Baylor who was a great pick. They used their #2, #3 and #4 DC's on the defense but none are projected starters. Despite being 9-7, TEN was only #17 on off and #18 on def being outgained by -20.1 ppg. Their schedule goes from #30 to #19 and Matt Hasselbeck is another year older. Losing Cortland Finnegan is a big blow for a secondary that allowed a 21-11 ratio LY. We'll call for a drop in the Titans' win total as they begin the transition to the Jake Locker era.

JACKSONVILLE JAGUARS (4-12)

2011	CATEGORIES	2010
5-11	SU	8-8
32	TOT OFF	15
6	TOT DEF	28
7-9	ATS	8-8
5-11	O/U	11-4-1
+5	TO	-15
17.1	OFF YPP	15.5
15.2	DEF YPP	14.2
-54	YPG	-31
-2	CLOSE W/L	+3
-3	WIN DIF FROM LY	+1

2012 DRAFT

RD-#	POS	PLAYER
1-5	WR	Justin Blackmon
2-38	DE	Andre Branch
3-70	P	Bryan Anger
5-142	LB	Brandon Marshall
6-176	CB	Mike Harris
7-228	DT	Jeris Pendleton

ADDITIONS

CB	Aaron Ross - NYG (15)
QB	Chad Henne - MIA (4)
WR	Laurent Robinson - DAL (4)
WR	Lee Evans - BAL (2)
K	Brandon Coutu - FA (0)

DELETIONS

P	Nick Harris - FA (11)
WR	Jason Hill - DEN (10)
DE	Matt Roth - FA (9)
DT	Leger Douzable - TEN (6)
WR	Jarett Dillard - FA (5)

GRADE: B-

WR	Mike Sims-Walker - FA (4)
CB	Drew Coleman - FA (4)
WR	Akwasi Owusu-Ansah - FA (2)
QB	Luke McCown - FA (2)
WR	Kassim Osgood - FA (2)
RB	Deji Karim - IND (0)
TE	Martin Rucker - KC (0)
OG	Kevin Haslem - OAK (0)
DT	Nate Collins - CHI (0)
CB	David Jones - FA (0)
CB	Trumaine McBride - FA (0)
S	Darcel McBath - FA (0)
S	CC Brown - FA (0)

JAX has a new head man in Mike Mularkey who was ATL's OC from 2008-11. JAX thought very highly of Blaine Gabbert at QB investing a #1 DC on him when we didn't have him as a 1st or 2nd Rnd DC. Gabbert struggled at reading NFL D's and completed just 50.8% with a 12-11 ratio. The Jaguars had more yards rushing than passing in 7 games LY. JAX dropped from 8-8 to 5-11 despite having the #6 def in the NFL (313 ypg). While Gabbert now has a year of exp under his belt with a complete offseason but they added a capable backup in Chad Henne the QB spot is still a major question. FA was basically a wash and they added in the 5th pick of the draft in WR Justin Blackmon and a solid DE in Andre Branch in the 2nd RD. While they invested heavily at the WR spot TY it remains to be seen how much Lee Evans has left and Robinson has only had 1 good season. JAX had 53 sts lost to inj LY (#10) with 31 players on IR at the end of the season. Their schedule is only #24 but we don't see them improving much upon LY's 5 win total.

INDIANAPOLIS COLTS (4-12)

2011	CATEGORIES	2010
2-14	SU	10-6
3	TOT OFF	4
25	TOT DEF	20
6-10	ATS	10-6
7-9	O/U	10-6
-12	TO	-4
18.9	OFF YPP	14.0
13.8	DEF YPP	14.1
-84	YPG	+39
-4	CLOSE W/L	+1
-8	WIN DIF FROM LY	-4

2012 DRAFT

RD-#	POS	PLAYER
1-1	QB	Andrew Luck
2-34	TE	Coby Fleener
3-64	TE	Dwayne Allen
3-92	WR	T.Y. Hilton
5-136	DT	Josh Chapman
5-170	RB	Vick Ballard
6-206	WR	LaVoi Brazill
7-208	OT	Justin Anderson
7-214	DE	Tim Fugger
7-253	QB	Chandler Harnish

ADDITIONS

C	Samson Satele - OAK (15)
DE	Cory Redding - BAL (11)
OG	Mike McGlynn - CIN (4)
SS	Tom Zbikowski - BAL (4)
CB	Cassius Vaughn - DEN (3)
OT	Winston Justice - PHI (1)
CB	Drew Stanton - NYJ (0)
RB	Deji Karim - JAX (0)
WR	Donnie Avery - TEN (0)
WR	Quan Cosby - DEN (0)
DT	Brandon McKinney - BAL (0)

DELETIONS

WR	Pierre Garcon - WAS (16B)
OT	Quinn Ojinnaka - STL (3)
OG	Ryan Diem - RET (11)
RB	Joseph Addai - NE (11)
LB	Philip Wheeler - OAK (11)
TE	Dallas Clark - TB (10)
CB	Jacob Lacey - DET (10)
TE	Brody Eldridge - STL (8)
OG	Mike Pollak - CAR (8)
QB	Dan Orlovsky - TB (5)
CB	Curtis Painter - BAL (5)
TE	Jacob Tamme - DEN (5)
LB	Ernie Sims - FA (4)

FB Jerome Felton - MIN (3)
Kerry Collins - RET (3)
OT Quinn Ojinnaka - STL (3)
DT Eric Foster - FA (3)
LB Kevin Bentley - FA (3)
Zac Diles - TEN (3)
DE Anthony Hill - FA (2)
S Melvin Bullitt - FA (2)
DE Tyler Braxton - FA (1)
LB Gary Brackett - FA (1)
QB Peyton Manning - DEN (0)
WR Anthony Gonzalez - FA (0)
WR Blair White - FA (0)
OG Jamey Richard - NE (0)

The Colts may have proved that Peyton Manning was the MVP in the NFL LY. The Colts were unprepared for Manning's injury and after being a perennial playoff team with 9 straight DD win seasons, needed to win 2 of their last 3 games to avoid a rare winless season. The Colts were #30 on off and #25 on def and were outgained in 12 games by an avg of 132 ypg. They won the Andrew Luck sweepstakes and picked him first and used 7 of their first 8 picks to help him develop including a couple of great TE's in Coby Fleener and Dwayne Allen as well as a dangerous rec in TY Hilton. IND had one of the biggest movements in the offseason with FA (see chart). Numerous indicators are pointing up this year after -12 in TO's, 4 net close losses, 8 fewer wins than 2010, poor off and def ypp's along with 75 starts lost to injury (2nd most). OC Bruce Arians worked with both Peyton Manning and Roethlisberger as rookies and the Colts should have an improved team this year.

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ALABAMA CRIMSON TIDE

Year	Opponent	Score
2011	BYU	31-17
2010	BYU	31-17
2009	BYU	31-17
2008	BYU	31-17
2007	BYU	31-17
2006	BYU	31-17
2005	BYU	31-17
2004	BYU	31-17
2003	BYU	31-17
2002	BYU	31-17
2001	BYU	31-17
2000	BYU	31-17
1999	BYU	31-17
1998	BYU	31-17
1997	BYU	31-17
1996	BYU	31-17
1995	BYU	31-17
1994	BYU	31-17
1993	BYU	31-17
1992	BYU	31-17
1991	BYU	31-17
1990	BYU	31-17

ALABAMA'S LAST 20 YEARS RESULTS

Year	Opponent	Score
2011	BYU	31-17
2010	BYU	31-17
2009	BYU	31-17
2008	BYU	31-17
2007	BYU	31-17
2006	BYU	31-17
2005	BYU	31-17
2004	BYU	31-17
2003	BYU	31-17
2002	BYU	31-17
2001	BYU	31-17
2000	BYU	31-17
1999	BYU	31-17
1998	BYU	31-17
1997	BYU	31-17
1996	BYU	31-17
1995	BYU	31-17
1994	BYU	31-17
1993	BYU	31-17
1992	BYU	31-17
1991	BYU	31-17
1990	BYU	31-17

NEW YORK GIANTS

Year	Opponent	Score
2011	NYG	17-10
2010	NYG	17-10
2009	NYG	17-10
2008	NYG	17-10
2007	NYG	17-10
2006	NYG	17-10
2005	NYG	17-10
2004	NYG	17-10
2003	NYG	17-10
2002	NYG	17-10
2001	NYG	17-10
2000	NYG	17-10
1999	NYG	17-10
1998	NYG	17-10
1997	NYG	17-10
1996	NYG	17-10
1995	NYG	17-10
1994	NYG	17-10
1993	NYG	17-10
1992	NYG	17-10
1991	NYG	17-10
1990	NYG	17-10

NEW YORK GIANTS

Year	Opponent	Score
2011	NYG	17-10
2010	NYG	17-10
2009	NYG	17-10
2008	NYG	17-10
2007	NYG	17-10
2006	NYG	17-10
2005	NYG	17-10
2004	NYG	17-10
2003	NYG	17-10
2002	NYG	17-10
2001	NYG	17-10
2000	NYG	17-10
1999	NYG	17-10
1998	NYG	17-10
1997	NYG	17-10
1996	NYG	17-10
1995	NYG	17-10
1994	NYG	17-10
1993	NYG	17-10
1992	NYG	17-10
1991	NYG	17-10
1990	NYG	17-10

in () after player = starts

-AFC WEST-

SAN DIEGO CHARGERS (10-6)

Table with columns: 2011 CATEGORIES, 2010, 2012 DRAFT (RD#, POS, PLAYER), ADDITIONS, DELETIONS. Includes players like Melvin Ingram, Kendall Reyes, Brandon Taylor, etc.

For those of you who feel statistics are not important, the San Diego Chargers are your team. The Chargers amazingly finished #1 in the NFL in offense and #1 in defense in 2010 but finished just 9-7 due to special teams...

GRADE: A-

Table with columns: 2011 CATEGORIES, 2010, 2012 DRAFT (RD#, POS, PLAYER), ADDITIONS, DELETIONS. Includes players like Robert Meachem, Dante Rosario, Corey Lynch, etc.

KANSAS CITY CHIEFS (9-7)

Table with columns: 2011 CATEGORIES, 2010, 2012 DRAFT (RD#, POS, PLAYER), ADDITIONS, DELETIONS. Includes players like Dontari Poe, Jeff Allen, Donald Stephenson, etc.

GRADE: B+

The Chiefs went from 4-12 in 2009 all the way up to 10-6 in 2010 but we called for them to miss the playoffs last year. KC did just that falling to 7-9 with the #27 offense but they did have the #11 defense...

DENVER BRONCOS (9-7)

Table with columns: 2011 CATEGORIES, 2010, 2012 DRAFT (RD#, POS, PLAYER), ADDITIONS, DELETIONS. Includes players like Justin Bannan, Tracy Porter, Jason Hill, etc.

For an 8-8 team DEN was one of the most talked about franchises in the NFL last year and it was due to Tim Tebow. Every talk show and football TV show talked about Tebow every day. Tebow did almost perform a miracle as after the Broncos started 1-4 he guided them to a 7-4 record...

GRADE: B-

Table with columns: 2011 CATEGORIES, 2010, 2012 DRAFT (RD#, POS, PLAYER), ADDITIONS, DELETIONS. Includes players like Brodrick Bunkley, Brian Dawkins, Tim Tebow, etc.

OAKLAND RAIDERS (4-12)

Table with columns: 2011 CATEGORIES, 2010, 2012 DRAFT (RD#, POS, PLAYER), ADDITIONS, DELETIONS. Includes players like Tony Bergstrom, Miles Burris, Jack Crawford, etc.

GRADE: D

The Raiders were coming off an 8-8 season in 2010 and expectations were high for 2011. Their final record shows that they finished 8-8 once again, just missing out on tie-breakers for the playoffs. OAK lost QB Jason Campbell to injury after 6 starts...

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- NFC EAST -

PHILADELPHIA EAGLES (12-4)

2011 CATEGORIES	2010
8-8 SU	10-6
4 TOT OFF	2
8 TOT DEF	12
8-8 ATS	10-6
7-8-1 O/U	10-6
-14 TO	+9
16.1 OFFYPP	14.2
15.9 DEFYPP	13.9
+74 YPG	+62
-3 CLOSE W/L	+1
-2 WIN DIF FROM LY	-1

2012 DRAFT	
RD-#	POS PLAYER
1-12	DT Fletcher Cox
2-46	LB Mychal Kendricks
2-59	DE Vinny Curry
3-88	QB Nick Foles
4-123	CB Brandon Boykin
5-153	T Dennis Kelly
6-194	WR Marvin McNutt
6-200	G Brandon Washington
7-229	RB Bryce Brown

ADDITIONS	
LB DeMeco Ryans - HOU (16)	CB Trent Edwards - FA (0)
LT Demetress Bell - BUF (6)	WR Mardy Gilyard - NYJ (0)
QB Trent Edwards - FA (0)	OG Steve Vallos - CLE (0)
WR Mardy Gilyard - NYJ (0)	OG Mike Gibson - SEA (0)

DELETIONS	
CB Asante Samuel - ATL (14)	FB Owen Schmitt - OAK (5)
FB Vince Young - BUF (3)	RB Ronnie Brown - SD (2)
WR Steve Justice - STL (1)	OT Winston Justice - IND (1)
DT Trevor Laws - STL (1)	C Jamaal Jackson - FA (0)
DE Victor Abiamiri - FA (0)	DE Victor Abiamiri - FA (0)

The Eagles were the talk of the 2011 offseason with all of their FA signees as they fell into the trap of being the "Dream Team". PHI finished #4 on off and #8 on def, one of 3 teams in the NFL to rank in the top 10 on both sides of the ball. They were also 1 of 4 teams with 3 receivers having 800+ yds. They blew multiple 4Q leads and needed to win their final 4 just to finish 8-8. LY's Eagles FA signees will be more adjusted now in their 2nd year of the system, as will DC Juan Castillo who previously had been the OL coach for 13 years. PHI's first 3 DC's, #1 DC DT Fletcher Cox (Miss St), #2 DC LB Mychal Kendricks (Cal) and #2 DC DE Vinny Curry (Marshall) all figure to have a major impact on the defense which could be the best in the NFL. The Eagles were -14 in TO's (30th), -3 in net close losses, were actually +74.2 ypg LY, which was the 3rd best and their schedule dips from #14 to #19. After the season PHI made an excellent trade in acquiring DeMeco Ryans from Houston who along with Kendricks should go a long way towards solidifying the middle of the defense. We'll call for the Eagles to go from their 8-8 record to one of the best in the NFL.

NY GIANTS (11-5)

2011 CATEGORIES	2010
9-7 SU	10-6
8 TOT OFF	5
27 TOT DEF	7
8-7-1 ATS	10-6
8-7-1 O/U	8-7-1
+7 TO	-3
15.6 OFFYPP	15.4
15.1 DEFYPP	14.3
+9 YPG	+70
+2 CLOSE W/L	+2
-1 WIN DIF FROM LY	+2

2012 DRAFT	
RD-#	POS PLAYER
1-32	RB David Wilson
2-63	WR Rueben Randle
3-94	CB Jayron Hinesley
4-127	TE Adrien Robinson
4-131	T Brandon Mosley
6-201	T Matt McCants
7-239	DT Markus Kuhn

ADDITIONS	
TE Martellus Bennett - DAL (7)	OT Sean Locklear - WAS (4)
OT Sean Locklear - WAS (4)	DT Shaun Rogers - NO (4)
CB Anitraun Molden - NE (2)	CB Dante Hughes - SD (1)
CB Dante Hughes - SD (1)	LB Keith Rivers - CIN (0)
S Stevie Brown - IND (0)	S Chris Horton - FA (0)
S Chris Horton - FA (0)	RT Kareem McKenzie - FA (16)
CB Aaron Ross - JAX (15)	

DELETIONS	
WR Mario Manningham - SF (10)	S Deon Grant - FA (9)
RB Brandon Jacobs - SF (6)	OL Stacy Andrews - FA (3)
OL Stacy Andrews - FA (3)	DE Dave Telleston - OAK (2)
DT Rocky Bernard - FA (1)	WR Michael Clayton - FA (0)
WR Michael Clayton - FA (0)	WR Devin Thomas - CHI (0)
DT Jimmy Kennedy - FA (0)	LB Jonathan Goff - WAS (0)
LB Jonathan Goff - WAS (0)	CB Will Blackmon - FA (0)
CB Will Blackmon - FA (0)	S Derrick Martin - FA (0)

There are two ways to look at the Giants this year. Number one, they cannot improve upon being the Super Bowl champs but they can improve on LY's 9-7 reg ssn record, which we think they will. The Giants were a banged up team for most of 2011 and when healthy down the stretch were one of the best. They were only +8.7 ypg yet won the Super Bowl and were also +7 in TO's and +2 net close wins. This year they use their 1st RD DC bringing in RB David Wilson out of Virg Tech. Wilson figures to replace Brandon Jacobs who they let go during FA. The Giants also lose Super Bowl hero Mario Manningham, RT Kareem McKenzie and CB Aaron Ross signing only one player who had 7+ starts LY in TE Martellus Bennett from DAL. Rueben Randle (#2 DC) adds to a speedy, deep receiving corps and could be a steal as LSU had poor QB play or his numbers would have been better. They are breaking in a new RT and will basically have an all-new set of TE's for 2012. The Giants, despite winning the Super Bowl, were #8 on off but just #27 on def. They have too much talent in the DL (41.5 sacks, #3 LY) to have numbers that bad on that side of the ball.

DALLAS COWBOYS (10-6)

2011 CATEGORIES	2010
8-8 SU	6-10
11 TOT OFF	7
14 TOT DEF	23
5-10-1 ATS	6-10
6-10 O/U	13-3
+4 TO	0
16.3 OFFYPP	14.8
15.8 DEFYPP	12.9
+32 YPG	+13
-1 CLOSE W/L	-5
+2 WIN DIF FROM LY	-5

2012 DRAFT	
RD-#	POS PLAYER
1-6	CB Morris Claiborne
3-81	DE Tyrone Crawford
4-113	LB Kyle Wilber
4-135	S Matt Johnson
5-152	WR Danny Coale
6-186	TE James Hanna
7-222	LB Caleb McSurdy

ADDITIONS	
OG Nate Livings - CIN (16)	CB Brandon Carr - KC (11)
CB Brandon Carr - KC (11)	QB Kyle Orton - DEN/KC (8)
QB Kyle Orton - DEN/KC (8)	FS Brodney Pool - NYJ (6)
FB Lawrence Vickers - HOU (1)	OG Mackenzy Bernadeau - CAR (1)
OG Mackenzy Bernadeau - CAR (1)	QB Rudy Carpenter - TB (0)

DELETIONS	
SS Abram Elam - KC (16)	OG Kyle Kosier - FA (16)
OG Kyle Kosier - FA (16)	CB Terence Newman - CIN (14)
CB Terence Newman - CIN (14)	LB Bradie James - HOU (13)
OG Montreae Holland - FA (10)	TE Martellus Bennett - NYG (7)
TE Martellus Bennett - NYG (7)	FB Tony Fiammetta - NE (6)
WR Laurent Robinson - JAX (4)	LB Keith Brooking - FA (3)
LB Keith Brooking - FA (3)	OG Derrick Dockery - FA (2)
CB Alan Ball - FA (2)	QB Jon Kitna - RET (0)
QB Jon Kitna - RET (0)	QB Chris Greisen - FA (0)
RB Sammy Morris - FA (0)	WR Chancey Washington - FA (0)
WR Chancey Washington - FA (0)	WR Jesse Holley - FA (0)
CB Frank Walker - FA (0)	

The Cowboys' major need in the offseason was at CB (#23 pass def, 2nd worst in team history) so they traded up to draft Morris Claiborne out of LSU in the 1st RD. This is in addition to having picked up Brandon Carr, who was arguably KC's best CB LY and one of the better unknown CB's in the NFL. DAL is now projected to have 3 new starters in the secondary for 2012. They also added LB Dan Connor from CAR to bolster the run defense in FA. The OL will have a different face at 4 positions as LY's OT's flip sides along with 2 new OG's including OG Nate Livings from CIN. DAL was +32.3 ypg in 2011 with the #11 off and #14 def despite their 8-8 final record. Tony Romo had a solid season (31-10 ratio) but the Cowboys were done in by injuries to the WR's early in the year and lost promising RB DeMarco Murray in game #14. DAL controlled their own destiny in the NFC East LY but lost 4 of their final 5 games and missed the playoffs for a 2nd straight season. While they play in the same division as two of the NFL's top teams in PHI and NYG, DAL is a team that will contend for the NFC East Title and they figure to be an improved team this season.

WASHINGTON REDSKINS (6-10)

2011 CATEGORIES	2010
5-11 SU	6-10
16 TOT OFF	18
13 TOT DEF	31
7-9 ATS	6-10
7-9 O/U	6-10
-14 TO	-4
18.7 OFFYPP	17.8
14.8 DEFYPP	16.5
-3.1 YPG	-53.4
-2 CLOSE W/L	0
-1 WIN DIF FROM LY	+2

2012 DRAFT	
RD-#	POS PLAYER
1-2	QB Robert Griffin III
3-71	G Josh LeRibeus
4-102	QB Kirk Cousins
4-119	LB Keenan Robinson
5-141	G Adam Gettis
6-173	RB Alfred Morris
6-193	T Tom Compton
7-213	CB Richard Crawford
7-217	CB Jordan Bernstein

ADDITIONS	
PK Neil Rackers - HOU (16)	WR Pierre Garcon - IND (16)
WR Pierre Garcon - IND (16)	CB Cedric Griffin - MIN (14)
CB Cedric Griffin - MIN (14)	S Tanaud Jackson - TB (10)
S Tanaud Jackson - TB (10)	WR Josh Morgan - SF (5)
WR Josh Morgan - SF (5)	S Brandon Meriweather - CHI (4)
S Brandon Meriweather - CHI (4)	FB Mike Sellers - FA (0)
FB Mike Sellers - FA (0)	WR David Anderson - FA (0)
WR David Anderson - FA (0)	WR Donté Stallworth - NE (0)
WR Donté Stallworth - NE (0)	LB Keyaron Fox - FA (0)
LB Keyaron Fox - FA (0)	CB Byron Westbrook - FA (0)
CB Byron Westbrook - FA (0)	CB Phillip Buchanon - FA (0)

DELETIONS	
SS LaRon Landry - NYJ (8)	LB Rocky McIntosh - FA (8)
LB Rocky McIntosh - FA (8)	FS OJ Atogwe - FA (8)
FS OJ Atogwe - FA (8)	OT Sean Locklear - NYG (4)
OT Sean Locklear - NYG (4)	QB John Beck - HOU (3)
QB John Beck - HOU (3)	FB Mike Sellers - FA (0)
FB Mike Sellers - FA (0)	WR David Anderson - FA (0)
WR David Anderson - FA (0)	WR Donté Stallworth - NE (0)
WR Donté Stallworth - NE (0)	LB Keyaron Fox - FA (0)
LB Keyaron Fox - FA (0)	CB Byron Westbrook - FA (0)
CB Byron Westbrook - FA (0)	CB Phillip Buchanon - FA (0)

There are a lot of factors pointing up for the Skins this season. LY they were -14 in TO's, had 2 net close losses, were only -3.1 ypg and despite their 5-11 record finishing with the #16 off and #13 def. They also had 65 starts lost to injury which were the 5th most. The biggest improvement in the offseason is at the QB position as they go from one of the league's weakest positions to drafting Robert Griffin #2 overall. However, we don't think Griffin will have the same impact Cam Newton did at CAR as he played in a Texas Tech-type style offense at Baylor. He must now adjust to the speed of the NFL but there is no doubting his NFL talent. The Skins signed WR Pierre Garcon from IND (947 yds 13.5) and CB Cedric Griffin from MIN and only lost three 8 game starters from last year. They surprisingly used their 3rd pick on Kirk Cousins out of Michigan St whom they expect to groom and trade in the future. The OL depth is a big concern for this season and the Safety positions will be something to watch as well. Expectations will be high for WAS with RG3 on hand and there are some factors pointing upward but keep in mind the division they play in and we don't expect see a big improvement in the record this year.



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GREEN BAY PACKERS (13-3)

GRADE: B

2011	CATEGORIES	2010
15-1	SU	10-6
3	TOT OFF	9
32	TOT DEF	5
11-5	ATS	10-6
11-5	O/U	6-10
+24	TO	+10
11.6	OFF YPP	14.8
18.3	DEF YPP	20.6
-6.5	YPG	+49
+4	CLOSE W/L	-2
+5	WIN DIF FROM LY	-1

2012 DRAFT

RD-#	POS	PLAYER
1-28	LB	Nick Perry
2-51	DE	Jerel Worthy
2-62	CB	Casey Hayward
4-132	DE	Mike Daniels
4-133	S	Jerron McMillian
5-163	LB	Terrell Manning
7-241	T	Andrew Datko
7-243	QB	BJ Coleman

ADDITIONS

C	Jeff Saturday	- IND (16)
DT	Daniel Muir	- IND (2)
DE	Anthony Hargrove	- SEA (0)

DELETIONS

RB	Ryan Grant	- FA (14)
C	Scott Wells	- STL (16)
LT	Chad Clifton	- FA (6)
DL	Howard Green	- FA (5)
S	Nick Collins	- FA (2) QB
	Matt Flynn	- SEA (1)
CB	Pat Lee	- OAK (0)

The big talk LY was that if the Packers should go unbeaten, would they rest their starters for their last few games and could they be the first ever 19-0 team. This was strange as GB had the #32 def paired with the #3 off. All the mystery ended when they lost at KC before going on to win their last 2 reg ssn games before losing to the Giants in the 1st RD of the playoffs. GB improved from 10-6 to 15-1 and figures to take a step back record-wise. They benefitted from 4 net close wins and had excellent off and def ypp's and were also +24 in TO's LY (5th with 188 pts off takeaways) all factors pointing downward this year. They made some significant additions in the draft bringing in #1 DC LB Nick Perry from USC, a solid pair of #2 DC's on Jerel Worthy from Michigan St and CB Casey Hayward from Vanderbilt. They lost 2 starters but picked up one in FA. Keep in mind this GB Packer defense was #2 in '09 and #5 in '10 with similar personnel and while they should rebound the depth situation on the DL is something to watch. As long as Aaron Rodgers stays healthy, they have one of the top offenses and GB is one of the preseason favorites to win the Super Bowl this year. Their offseason grade here reflects the chances of them improving upon their 15-1 record last year.

CHICAGO BEARS (10-6)

GRADE: A-

2011	CATEGORIES	2010
8-8	SU	11-5
24	TOT OFF	30
17	TOT DEF	9
7-8-1	ATS	11-5
9-7	O/U	7-9
+2	TO	+4
14.2	OFF YPP	13.9
16.4	DEF YPP	17.6
-36	YPG	-25
+1	CLOSE W/L	+4
-3	WIN DIF FROM LY	+4

2012 DRAFT

RD-#	POS	PLAYER
1-19	DE	Shea McClellin
2-45	WR	Alshon Jeffery
3-79	S	Brandon Hardin
4-111	TE	Evan Rodriguez
6-184	CB	Isaiah Frey
7-220	CB	Greg McCoy

ADDITIONS

WR	Brandon Marshall	- MIA (16)
LB	Geno Hayes	- TB (13)
RB	Michael Bush	- OAK (9)
QB	Jason Campbell	- OAK (6)
WR	Devin Thomas	- NYG (0)
OG	Chilo Rachal	- SF (3)
WR	Eric Weems	- ATL (2)
CB	Jonathan White	- DEN (2)
CB	Kelvin Hayden	- ATL (1)
LB	Blake Costanzo	- SF (0)

DELETIONS

CB	Corey Graham	- BAL (16)
WR	Roy Williams	- FA (9)
QB	Caleb Hanie	- DEN (4)
NT	Anthony Adams	- FA (4)
S	Brandon Meriweather	- WAS (4)
OG	Frank Ormivale	- SEA (3)
RB	Marion Barber	- Retired (1)
DT	Amobi Okoye	- TB (1)
CB	Zack Bowman	- MIN (1)
LS	Chris Massey	- FA (0)

Last year the Bears were sailing along at 7-3. They then lost QB Jay Cutler for the last 6 games and RB Matt Forte for the last four and went 1-5 down the stretch finishing just 8-8. The Bears made a big move in FA by acquiring Brandon Marshall (five straight 100 yd seasons) from MIA for two 3rd RD DC's. Marshall and Cutler were a great QB/WR tandem in DEN and WR was one area the Bears had really been lacking in recently. The Bears only lost one 16 game starter from LY and brought in starting LB Geno Hayes from TB. In the draft they got DE Shea McClellin in the 1st RD from Boise St then added to the receiving corps with big Alshon Jeffery from South Carolina in the 2nd RD. They should have one of the most improved offenses in the NFL after being #24 last year in their injury plagued season. Cutler was sacked 75 times in the Mike Martz offense and that number should drop with Mike Tice now calling the plays. CHI's def slipped some from #9 to #17 but they figure to be better with a more efficient offense. We fully expect them to once again field one of the elite special teams units for 2012 (see page 10). All of the talk in the NFC North will be about GB and DET but the Bears could be the surprise team in the division.

DETROIT LIONS (10-6)

GRADE: C+

2011	CATEGORIES	2010
10-6	SU	6-10
5	TOT OFF	17
23	TOT DEF	21
7-7-2	ATS	6-10
10-6	O/U	10-5-1
+11	TO	+4
13.4	OFF YPP	15.0
15.2	DEF YPP	14.9
28.5	YPG	-4.7
+2	CLOSE W/L	-2
+4	WIN DIF FROM LY	+4

2012 DRAFT

RD-#	POS	PLAYER
1-23	T	Riley Reiff
2-54	WR	Ryan Broyles
3-85	CB	Dwight Bentley
4-125	LB	Ronnell Lewis
5-138	LB	Tahir Whitehead
5-148	CB	Chris Greenwood
6-196	CB	Jonie Green
7-223	LB	Travis Lewis

ADDITIONS

CB	Jacob Lacey	- IND (10)
DE	Everette Brown	- SD (0)

DELETIONS

WR	Maurice Stovall	- FA (0)
OG	Leonard Davis	- FA (0)
DE	Keyunta Dawson	- TEN (0)
LB	Isaiah Ekejiuba	- FA (0)
CB	Brandon McDonald	- FA (0)
CB	Eric Wright	- TB (16)
WR	Maurice Morris	- FA (5)
S	Chris Harris	- FA (5)
LB	Bobby Carpenter	- NE (3)
P	Robert Malone	- SD (1)
QB	Drew Stanton	- NYJ (0)
RB	Aaron Brown	- CIN (0)
WR	Rashied Davis	- FA (0)

In 2008 and 2009, the Lions went a combined 2-30 but upped that to 6-10 in 2010 in Jim Schwartz's 2nd season. They made another large jump to 10-6 in 2011 despite being held to 68 ypg rush (3.7) in their final 5 games inc their playoff loss to NO due to RB injuries. The Lions are loaded with star power incl QB Matt Stafford (5000 yds passing LY), WR Calvin Johnson and some high DC's on defense all entering the prime of their careers. They did have just 23 starts lost to injury last year, were +11 in TO's and had 2 net close wins. Despite their recent defensive improvements they haven't finished in the upper half of the league since a #14 finish in 2000. In the offseason, the Lions strengthened their offense with their first 2 picks getting OT Riley Reiff out of Iowa then Ryan Broyles out of Oklahoma to add to their deep receiving corps. While Dwight Bentley has a good shot at being the nickel CB, the rest of the DC's are aimed at improving a special teams unit that allowed 13.4 on PR's (31st) and 25.6 on KR's (26th). FA was basically a wash as they lost one starter but gained one. In the last 11 years, DET is only the 2nd team in the NFL to improved their record by 3 or more games in B2B seasons (GB +3 wins in '06, +5 in '07 (13-3) then -7 wins in '08 (6-10)).

MINNESOTA VIKINGS (4-12)

GRADE: B+

2011	CATEGORIES	2010
3-13	SU	6-10
18	TOT OFF	23
21	TOT DEF	8
6-9-1	ATS	6-10
10-6	O/U	7-9
-3	TO	-11
15.5	OFF YPP	17.9
12.8	DEF YPP	14.4
-29	YPG	+2
-7	CLOSE W/L	-1
-3	WIN DIF FROM LY	-6

2012 DRAFT

RD-#	POS	PLAYER
1-4	T	Matt Kalil
1-29	S	Harrison Smith
3-66	CB	Josh Robinson
4-118	WR	Jarius Wright
4-128	TE	Rhett Ellison
4-134	WR	Greg Childs
5-139	CB	Robert Blanton
6-175	K	Blair Walsh
7-210	LB	Audie Cole
7-219	DE	Trevor Guyton

ADDITIONS

WR	Jerome Simpson	- CIN (14)
RB	Lex Hilliard	- MIA (4)
FB	Jerome Felton	- IND (3)
CB	Chris Carr	- BAL (1)
CB	Zack Bowman	- CHI (1)
WR	Bryan Walters	- SD (0)
TE	John Carlson	- SEA (0)
OG	Geoff Schwartz	- CAR (0)
LB	Marvin Mitchell	- MIA (0)

DELETIONS

LB	EJ Henderson	- FA (14)
CB	Cedric Griffin	- WAS (14)
WR	Remi Ayodele	- NO (13)
OG	Anthony Herrera	- FA (12)
TE	Jim Kleinsasser	- RET (11)
S	Asher Allen	- RET (9)
J	Jarrad Page	- FA (5)
CB	Benny Sapp	- FA (9)
FS	Husain Abdullah	- FA (9)
S	Tyrell Johnson	- MIA (3)
LB	Kenny Onatolu	- CAR (1)
OL	Scott Koolstra	- FA (1)
RB	Lorenzo Booker	- FA (0)
WR	Greg Camarillo	- FA (0)
LB	Xavier Adibi	- FA (0)

MIN has numerous factors pointing in their favor TY. First, over the past 11 years only 3 teams have seen their record decrease by 3 net wins or more for 2 consecutive seasons. Those 3 teams improved by +4, +4 and +9 wins in the next year. The Vikings fit that category after going from 12-4 and playing in the NFC Championship game down to 6 then to 3 wins last year. After missing 3.5 games with an ankle sprain, Adrian Peterson tallied 98 total yds in 2 games before tearing his ACL/MCL. MIN also struggled with a rookie QB starting 10 gms (2-8) behind a struggling OL. MIN parted ways with 8 players who had 11+ starts, signing only 1 in FA in WR Jerome Simpson (susp 1st 3 gms). The draft was solid as they got the best OL in Matt Kalil from USC who is an instant starter at LT and added a solid safety in the 1st RD in Harrison Smith from Notre Dame. There is good, young talent dispersed throughout the lineup and the Vikings figure to be a team on the rise with a stronger record this year. They had -7 net close losses last year which gives them an 80% chance of improvement. Despite only winning 3 games, they were only -28.5 ypg as they had the #18 off and #21 def. Their schedule, which was the 2nd toughest in the NFL last year, drops to #14 this year.

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- NFC SOUTH -

ATLANTA FALCONS (9-7)

2011 CATEGORIES	2010	2012 DRAFT	ADDITIONS	DELETIONS
10-6 SU	13-3	RD-# POS PLAYER	WR Asante Samuel - PHI (14)	LB Curtis Lofton - NO (16)
10 TOT OFF	16	2-55 C Peter Konz	OG Vince Manuwai - JAX (0)	S James Sanders - ARZ (6)
12 TOT DEF	16	3-91 RT Lamar Holmes	LB Lofa Tatupu - FA (0)	FB Ovie Mughelli - FA (5)
8-8 ATS	13-3	5-157 FB Bradie Ewing		LB Mike Peterson - FA (4)
7-9 O/U	9-5-2	5-164 DE Jonathan Massaquoi		WR Eric Weems - CHI (2)
+8 TO	+14	6-192 S Charles Mitchell		TE Reggie Kelly - FA (2)
15.0 OFF YPP	13.2	7-249 DT Travian Robertson		C Brett Romberg - FA (0)
15.3 DEF YPP	18.5			OT Kirk Chambers - FA (0)
+43 YPG	+9			CB Kelvin Hayden - CHI (1)
+1 CLOSE W/L	+5			
-3WIN DIF FROM LY	+4			

The Falcons dropped from 13-3 to 10-6 last year going from the NFC South Champ to a Wild Card. They were destroyed in the WC game 24-2 being outgained by the NYG by 442-247 as the OL struggled vs the Giants pass rush and RB Michael Turner was ineffective. Mike Smith still does not have a playoff victory to his credit despite 4 straight winning seasons. The Falcons do play in the NFC South where there's been a different division champion each year so they must be considered one of the favorites TY. They only had 29 starts lost to injury last year and go from facing the #26 schedule to #19th. They also were +8 in TO's and bring in a more aggressive playcaller with OC Dirk Koetter from JAX. LY the Falcons gave up this year's 1st RD DC to acquire WR Julio Jones so their top pick was #2DC C Peter Konz from Wisconsin who may learn the system at RG in 2012 then shift to Ctr in 2013. They also addressed the OL with their #3DC Lamar Holmes and did not have a 4th RD pick. They added 1 starter in FA in PHI's CB Asante Samuel but lost LB Curtis Lofton to NO. Strictly based on personnel the Falcons didn't make large improvements in the offseason. The Falcons were #10 on off and #12 on def outgaining foes by 43 ypg. Perhaps the biggest addition was the hiring of Mike Nolan as DC who helped build SF's def and led MIA to a strong surge at the end of 2011. ATL stands a good chance of improving from just a Wild Card team to division champs in the NFC South.

GRADE: B+

NEW ORLEANS SAINTS (9-7)

2011 CATEGORIES	2010	2012 DRAFT	ADDITIONS	DELETIONS
13-3 SU	11-5	RD-# POS PLAYER	LB Curtis Lofton - ATL (16)	LB Jo-Lonn Dunbar - STL (14)
1 TOT OFF	6	3-89 DE Akiem Hicks	LB David Hawthorne - SEA (14)	CB Tracy Porter - DEN (11)
24 TOT DEF	4	4-122 WR Nick Toon	DT Brodrick Bunkley - DEN (13)	DT Aubrayo Franklin - FA (9)
12-4 ATS	11-5	5-162 S Corey White	LB Chris Chamberlain - STL (13)	WR Robert Meachem - SD (8)
9-7 O/U	8-8	6-179 G Andrew Tiller	OG Ben Grubbs - BAL (10)	TE John Gilmore - FA (4)
-3 TO	+6	7-234 T Marcel Jones		DT Shaun Rogers - NYG (4)
13.7 OFF YPP	15.5			LB Ramon Humber - FA (3)
17.4 DEF YPP	16.0			TE Tory Humphrey - FA (0)
+99 YPG	+66			OG Carl Nicks - TB (16)
+3 CLOSE W/L	+4			T Pat McQuistan - FA (0)
+2 WIN DIF FROM LY	-2			DE Jeff Charleston - FA (0)
				CB Leigh Torrence - WAS (0)

LY the Saints were very nearly in the Super Bowl as they had the most explosive offense in the NFL. They finished 13-3 and if not for -5 in TO's at SF, would have been hosting the NFC Championship game in the friendly confines of the Superdome. This is a strange year for NO as they do not have their HC and their interim HC Joe Vitt will be forced to miss 6 games giving them an interim HC to an interim HC. Drew Brees has also not signed yet but of course he will and will likely get more offseason work than he did heading into last year. NO did benefit from 3 net close wins, had positive offensive and defensive ypp's and only had 20 starts lost to injury LY. They lose LB Jonathan Vilma for the season due to suspension and lost LB Jo-Lonn Dunbar to STL and WR Robert Meachem to SD. The Saints were active in FA signing 3 FA LB's that all started 13+ games last year in Chris Chamberlain (STL), David Hawthorne (SEA) and Curtis Lofton (ATL). They also bring in run-stuffing DT Brodrick Bunkley (DEN) with 13 starts and a starting G from BAL in Ben Grubbs to replace Carl Nicks who they lost in FA. The Saints did not have a 1st or 2nd RD pick and Akiem Hicks is a developmental player from Canada. This is still a dangerous team and had the Saints not lost some key personal to the suspensions, we would have them as one of the Super Bowl favorites but you have to figure it will be tough to match LY's 13 win total.

GRADE: D

TAMPA BAY BUCCANEERS (7-9)

2011 CATEGORIES	2010	2012 DRAFT	ADDITIONS	DELETIONS
4-12 SU	10-6	RD-# POS PLAYER	WR Vincent Jackson - SD (16)	SS Sean Jones - FA (16)
21 TOT OFF	17	1-7 S Mark Barron	OG Carl Nicks - NO (16)	TE Kellen Winslow - SEA (15)
30 TOT DEF	17	1-31 RB Doug Martin	CB Eric Wright - DET (16)	LB Geno Hayes - CHI (13)
4-12 ATS	10-6	2-58 LB Lavonte David	TE Dallas Clark - IND (10)	FS Tanard Jackson - WAS (10)
10-6 O/U	7-8-1	5-140 LB Najee Goode	QB Dan Orlovsky - IND (5)	DT Albert Haynesworth - FA (6)
-16 TO	+9	6-174 CB Keith Tandy	DT Amobi Okoye - CHI (1)	S Corey Lynch - SD (3)
17.8 OFF YPP	15.7	7-212 RB Michael Smith	DT Gary Gibson - STL (1)	RB Earnest Graham - FA (2)
12.8 DEF YPP	16.7	7-233 TE Drake Dunsmore	QB Brett Rattliff - FA (0)	QB Josh Johnson - SF (1)
-75 YPG	+2		TE Chase Coffman - CIN (0)	QB Rudy Carpenter - DAL (1)
+1 CLOSE W/L	+1		OT James Lee - WAS (1)	CB Elbert Mack - FA (1)
-6 WIN DIF FROM LY	+7		WR Michael Spurlock - SD (0)	DE Nick Reed - MIN (0)
			DE Tim Crowder - FA (0)	

TB has been the poster child for the NFL's rubber band team. They went 9-7 in 2008 then had 6 less wins in 2009 dropping to 3-13. They bounced back +7 wins in 2010 to 10-6. They fell back down to 4-12 last year and now are poised for improvement. The Bucs were a chic pick in the NFC South last year as they had good, young personnel and were coming off a 10-6 season which just narrowly missed the playoffs. TB was just #21 of off and #30 on def but naturally have many factors pointing in their favor. Their young team was -16 in TO's last year and had poor defensive and offensive ypp's. They do have a new HC in Greg Schiano who lacks NFL HC experience but who steps into a great situation. TB had two 1st RD DC's and used them wisely on SS Mark Barron from Alabama and RB Doug Martin from Boise ST. Their #2DC was Lavonte David from Nebraska, also a solid pick. TB signed 5 players who started 10+ games LY in FA while losing 4. Josh Freeman finally has a true #1 WR with Vincent Jackson onboard. A huge factor for TB is that the schedule goes from the 3rd toughest in the NFL to #20. That should mean more wins and with all factors pointing up, TB could be the surprise champ in the NFC South.

GRADE: A

CAROLINA PANTHERS (6-10)

2011 CATEGORIES	2010	2012 DRAFT	ADDITIONS	DELETIONS
6-10 SU	2-14	RD-# POS PLAYER	OG Mike Pollak - IND (8)	TE Jeremy Shockey - FA (13)
7 TOT OFF	32	1-9 LB Luke Kuechly	RB Mike Tolbert - SD (1)	LB Dan Connor - DAL (11)
28 TOT DEF	18	2-40 G Amini Silatolu	LB Kenny Onatolu - MIN (1)	WR Legedu Naanee - MIA (10)
9-6-1 ATS	2-14	4-103 DE Frank Alexander	OT Bruce Campbell - OAK (0)	LB Omar Gaither - FA (4)
10-6 O/U	8-8-2	4-104 WR Joe Adams	DE Jyles Tucker - FA (0)	LB Thomas Williams - FA (2)
+1 TO	-8	5-143 CB Josh Norman	S Haruki Nakamura - BAL (0)	OG Mackenzy Bernadeau - DAL (1)
15.4 OFF YPP	21.1	6-207 P Brad Nortman	RB Reggie Smith - SF (0)	OG Mike Goodson - OAK (0)
14.1 DEF YPP	13.2	7-216 S DJ Campbell	PK Justin Medlock - FA (0)	OG Geoff Schwartz - MIN (0)
+12 YPG	-78			DT DeMario Pressley - CHI (0)
-4 CLOSE W/L	0			CB Cletis Gordon - FA (0)
+4 WIN DIF FROM LY	-6			

Rookie QB's have not had a great deal of success in the NFL but Cam Newton statistically had one of the best seasons ever with over 4,000 yds passing, completing 60% and also rushing for 706 yards. CAR improved by 4 wins despite posting the #28 def and our #32 special teams. CAR does play a much tougher schedule this year going from #22 to #6 which means that an improved team may still not match LY's win total. Factors pointing up are that they had 4 net close losses and were +12.1 ypg LY despite their 6-10 record. CAR had 56 starts lost to injury last year and started 9 different LB's. CAR did have 5 players who started 10+ games depart in FA and only brought in one who had 8 starts last year at IND in G Mike Pollak. Their LB corps is improved as they get 2 key injured players back and drafted #1DC Luke Kuechly from Boston College. CAR of course had a lot of young talent last year including Newton who will benefit from a year's experience. Overall this is a team whose record could rise in 2012 but with a tougher schedule and the lack of a significant upgrade in terms of depth on the roster, we'll call for about the same record in 2012.

GRADE: C

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Bonus over \$350	10%	N/A

SAN FRANCISCO 49ers (11-5) GRADE: C-

2011 CATEGORIES	2010	2012 DRAFT	ADDITIONS	DELETIONS
13-3 SU	6-10	RD-# POS PLAYER	WR Mario Manningham - NYG (10)	OG Adam Snyder - ARZ (13)
26 TOT OFF	24	1-30 WR AJ Jenkins	RB Brandon Jacobs - NYG (6)	WR Joshua Morgan - WAS (5)
4 TOT DEF	13	2-61 RB LaMichael James	QB Josh Johnson - TB (1)	OG Chilo Rachal - CHI (3)
9-5-2 ATS	6-10	4-117 G Joe Looney	RB Rock Cartwright - OAK (0)	S Madiou Williams - WAS (3)
7-9 O/U	9-5-2	5-165 LB Larius Fleming	WR Randy Moss - FA (0)	FB Moran Norris - FA (2)
+28 TO	-1	6-180 S Trenton Robinson	CB Perrish Cox - DEN (0)	TE Justin Peelle - FA (2)
13.1 OFF YPP	16.4	6-199 C Jason Slowe		LB Blake Costanzo - CHI (0)
21.5 DEF YPP	15.2	7-237 LB Cam Johnson		CB Shawlie Spencer - OAK (0)
2.7 YPG	-14.5			S Reggie Smith - CAR (0)
+4 CLOSE W/L	-3			S Hamza Abdullah - FA (0)
+7 WIN DIF FROM LY	-2			

Last year it was widely believed that with the shortened offseason, first year HC's would struggle to implement their systems in the reduced window without OTA's and a full training camp. Jim Harbaugh proved those doubters wrong. He inherited the most talented team in the NFC West then went out and produced on the field with an outstanding 13-3 record thanks to minimizing mistakes, relying on a physical defense and stellar special teams play. SF actually hosted the NFC Title game but came up short vs the Giants due to two special teams blunders. This year the Niners signed WR Mario Manningham from the Giants, losing only 1 full-time starter in FA in G Adam Snyder. They drafted a solid WR in the first round in AJ Jenkins then added speed to the backfield with RB LaMichael James out of Oregon but did not have a 3rd RD pick. They had a solid young D last year that is now a year older and figures to be one of the NFL's best. Naturally there are numerous factors pointing for a weaker record for SF this year in the fact that they were +28 in TO's last year (90% chance of weaker record), had +4 net close wins and despite their lofty 13-3 record, they were only #26 on offense and #4 on defense, outgaining foes by 2.7 ypg. They had a 7 more net wins than they had the previous year, had a super defensive ypp of 21.5 and a super off ypp of 13.1 and only had 16 starts lost to injury all year. Their schedule gets a little more difficult moving from #29 to #23. Add that all up and SF should have a weaker record but is a no brainer pick to win the NFC West this year.

ARIZONA CARDINALS (6-10) GRADE: C

2011 CATEGORIES	2010	2012 DRAFT	ADDITIONS	DELETIONS
8-8 SU	5-11	RD-# POS PLAYER	CB William Gay - PIT (15)	LB Joey Porter - FA (6)
19 TOT OFF	31	1-13 WR Michael Floyd	OG Adam Snyder - SF (13)	FB Reagun Maui'a - FA (3)
18 TOT DEF	29	3-80 CB Jamell Fleming	S James Sanders - ATL (6)	RB Chester Taylor - FA (1)
7-7-2 ATS	5-11	4-112 OT Bobby Massie	LB Quentin Groves - OAK (3)	WR Chansi Stuckey - FA (0)
7-9 O/U	10-5-1	5-151 OG Senio Kelemete	DE Vonnie Holiday - FA (16)	OG Rex Hadnot - SD (0)
-13 TO	-5	6-177 CB Justin Bethel	LB Clark Haggans - HOU (16)	OG Duce Lutui - SEA (0)
16.6 OFF YPP	14.9	6-185 QB Ryan Lindley	OT Brandon Keith - FA (13)	OG Floyd Womack - FA (0)
16.3 DEF YPP	13.8	7-221 OT Nate Potter	CB Richard Marshall - MIA (9)	S Sean Considine - BAL (0)
-31 YPG	-10.4		P Ben Graham - DET (8)	S Hamza Abdullah - FA (0)
+3 CLOSE W/L	0			
+3 WIN DIF FROM LY	-5			

Things didn't look good for ARZ in 2011 as they opened 1-6 but rallied for a 7-2 finish to close the season out. That gave them a boost of confidence for this year while also avoiding a losing season. Whisenhunt has had just 1 losing season in his 5 years and has been to a Super Bowl. ARZ came up short in the Payton Manning sweepstakes. Honestly, had they acquired him, we would have given them a shot at winning the NFC West and making the playoffs this year. Kevin Kolb remains a bit of a mystery coming from a West Coast offense LY as the team actually had a better record with backup QB John Skelton at the controls. There is no denying the talent level of receivers that Kolb has to throw to and they added #1DC Michael Floyd from Notre Dame who may have been the best WR in the draft. The Cards had 4 players depart who made 9+ starts last year but bring in CB William Gay from PIT and G Adam Snyder from SF. They addressed the OL (54 sks LY) with 3 of their 7 DC's. Pointing upward this year is that ARZ had good, young talent and a strong finish in 2011 and were -13 in TO's. Negative signs this year are that they had 3 net close wins LY and despite their 8-8 record, they had the #19 offense and #18 defense being outgained by 30.6 ypg. They also improved their win total by 3 wins last year and had a def ypp of 16.3 and their schedule strength goes from #25 to #12. The Cards do have good, young talent at all the positions and a solid coach giving them the possibility of making the playoffs. They only get a C grade from us as you don't see them that much improved over the 2011 edition and we have questions about the health of their RB's.

SEATTLE SEAHAWKS (6-10) GRADE: B

2011 CATEGORIES	2010	2012 DRAFT	ADDITIONS	DELETIONS
7-9 SU	7-9	RD-# POS PLAYER	TE Kellen Winslow - TB (15)	LB David Hawthorne - NO (14)
28 TOT OFF	27	1-15 DE Bruce Irvin	DL Jason Jones - TEN (13)	OG Robert Gallery - NE (12)
9 TOT DEF	28	2-47 LB Bobby Wagner	LB Barrett Ruud - TEN (9)	QB Charlie Whitehurst - SD (2)
12-3-1 ATS	7-9	3-75 QB Russell Wilson	OG Frank Omiyale - CHI (3)	S Atari Bigby - SD (2)
9-7 O/U	11-4-1	4-106 RB Robert Turbin	QB Matt Flynn - GB (1)	RB Justin Forrest - FA (0)
+8 TO	-9	4-114 DT Jaye Howard	RB Kregg Lumpkin - TB (0)	TE John Carlson - MIN (0)
15.1 OFF YPP	15.4	5-154 LB Korey Toomer	OG Duce Lutui - ARZ (0)	OL Mike Gibson - PHI (0)
16.9 DEF YPP	14.5	6-172 CB Jeremy Lane		OT Jarriel King - FA (0)
-28 YPG	-7.1	6-181 S Winston Guy		DE Jimmy Wilkerson - FA (0)
-3 CLOSE W/L	+2	7-225 DE J.R. Sweezy		DE Raheem Brock - FA (0)
0 WIN DIF FROM LY	+2	7-232 DE Greg Scruggs		DT Anthony Hargrove - GB (0)
				LB David Vobora - FA (0)

Pete Carroll enters his 3rd year coming off identical 7-9 seasons despite a huge amount of roster transactions each season. SEA's biggest offseason FA addition is a player that started just 1 game last year with QB Matt Flynn, of whom big things are expected. Keep in mind when they brought in Matt Hasselbeck from GB a few years back, he was a backup QB and ended up having great success here and the Seahawks hope that lightning will indeed strike twice. SEA lost 2 players who had 12+ starts last year in FA but signed 3 who had 9+ starts including a couple of solid defensive players from TEN in DL Jason Jones and LB Barrett Ruud. They used their #1DC on DE Bruce Irvin and figure to have a strong defense, especially after improving from #27 to #9 last year with all of Carroll's young players. The offense figures to be solidly improved after a #28 finish in each of the last 2 seasons, now you can expect improved QB play to go with a healthier WR unit. Other factors pointing to an improved record are that they had 3 net close losses LY and 60 starts lost to injury. Most of these were at WR and on the OL which had 8 different starting lineups. They also play a manageable #17 schedule with DAL, GB, NE and the NYJ at home. This team looks stronger and could turn itself into a playoff contender this year.

ST LOUIS RAMS (5-11) GRADE: A-

2011 CATEGORIES	2010	2012 DRAFT	ADDITIONS	DELETIONS
2-14 SU	7-9	RD-# POS PLAYER	TE Matthew Mulligan - NYJ (9)	OG Jacob Bell - CIN (12)
31 TOT OFF	26	1-14 DT Michael Brockers	TE Brody Eldridge - IND (6)	CB Justin King - FA (12)
22 TOT DEF	19	2-33 WR Brian Quick	OT Quinn Jinnia - IND (3)	WR Brandon Lloyd - NE (10)
3-12-1 ATS	7-9	2-39 CB Janoris Jenkins	WR Steve Smith - PHI (1)	C Tony Wragge - FA (8)
5-9-2 O/U	6-10	2-50 RB Isaiah Pead	LB William Hayes - TEN (1)	OL Adam Goldberg - FA (8)
-5 TO	+5	3-65 CB Trumaine Johnson	LB Mario Haggan - DEN (1)	CB Al Harris - RET (5)
23.5 OFF YPP	16.8	4-96 WR Chris Givens	DT Trevor Lewis - PHI (1)	CB Rod Hood - FA (4)
14.1 DEF YPP	16.4	5-150 G Rokavious Watkins	C Robert Turner - NYJ (0)	QB AJ Feeley - FA (3)
-75 YPG	-34	6-171 K Greg Zuerlein	P Deletions	OT Mark Leloir - FA (3)
-4 CLOSE W/L	-2	7-209 LB Aaron Brown	P Donnie Jones - HOU (16)	DE CJ An You - FA (2)
-5 WIN DIF FROM LY	+6	7-252 RB Daryl Richardson	K Josh Brown - NYJ (16)	RB Cadillac Williams - FA (1)
			DE James Hall - FA (15)	WR Mark Clayton - FA (1)
			DT Fred Robbins - FA (15)	DT Gary Gibson - TB (1)
			DT Justin Barman - DEN (14)	LB Bryan Kehl - WAS (1)
			OT Barry Richardson - KC (16)	CB Ron Bartell - OAK (1)
			CB Cortland Finegan - TEN (16)	LB Chris Chamberlain - NO (13)
			LB Jo-Lonn Dunbar - NO (14)	TE Stephen Spach - FA (1)
			DT Kendall Langford - MIA (12)	RB Jerious Norwood - FA (0)
				S James Butler - FA (0)

The Rams were the preseason favorite to win the NFC West last year but went from 7-9 all the way down to 2-14. They were hammered by injuries especially on the OL and at CB where they wound up placing every player who went to training camp with them on IR. There are some key indicators pointing to big time improvement for the Rams this season. First of all, we're very high on Jeff Fisher, he always gets the most out of whatever team he's the HC of and he steps into a great situation here as expectations are low. Sam Bradford, the QB had a solid 1st year as a starter but slumped LY with poor personnel and an offensive scheme that didn't fit the roster around him. With an improved personnel situation we look for him to return to his rookie level. The Rams have added 7 players who had 8+ starts last year for other NFL teams due to FA and while they released a boatload of players, they should be stronger due to the moves. They drafted DT Michael Brockers with their #1DC, and then had three #2DC's which they spent on WR Brian Quick (Appalachian St) and ex-Florida Gator CB Janoris Jenkins (N Alabama) and RB Isaiah Pead. Despite their 2 win total last year the Rams were a respectable -74.8 ypg, had a poor def ypp of 14.1 and a poor off ypp of 23.5 and led the NFL with 91 starts lost to injury. All of those factors have the Rams pointed to improvement this year.

Rankings in top 8 are highlighted.

	QB	RB	WR	OL	DL	LB	DB	ST	CCH
ARIZONA	22	26	5	31	11	27	13	12	10
ATLANTA	12	16	3	21	13	25	20	18	16
BALTIMORE	11	6	22	6	5	10	2	22	7
BUFFALO	27	15	29	5	15	24	26	15	22
CAROLINA	15	10	21	1	31	20	30	19	25
CHICAGO	14	7	16	27	9	4	14	1	13
CINCINNATI	20	30	14	15	18	17	18	13	18
CLEVELAND	31	9	30	17	30	18	9	19	23
DALLAS	13	18	11	24	20	3	16	7	21
DENVER	5	19	19	4	24	16	22	26	8
DETROIT	8	27	2	14	2	30	27	24	19
GREEN BAY	1	31	1	18	22	9	11	16	2
HOUSTON	9	2	8	8	8	5	3	30	17
INDIANAPOLIS	25	28	18	26	32	21	32	25	31
JACKSONVILLE	32	5	24	25	25	12	21	20	29
KANSAS CITY	21	4	15	20	17	7	6	17	20
MIAMI	29	20	32	22	10	13	24	6	28
MINNESOTA	30	1	23	30	6	31	31	31	26
NEW ENGLAND	2	29	4	2	16	15	25	5	1
NEW ORLEANS	3	14	10	3	14	23	23	10	32
NY GIANTS	4	17	9	10	1	19	5	27	3
NY JETS	16	25	20	12	7	6	1	8	5
OAKLAND	28	11	26	16	21	29	28	4	30
PHILADELPHIA	10	13	7	11	3	8	4	21	6
PITTSBURGH	7	24	6	19	12	2	8	28	4
SAN DIEGO	6	23	13	9	23	14	15	11	15
SAN FRAN	18	8	12	23	4	1	10	3	11
SEATTLE	23	21	25	28	19	22	7	9	14
ST LOUIS	17	12	31	32	26	32	19	32	12
TAMPA BAY	19	22	17	7	27	28	17	14	27
TENNESSEE	24	3	27	13	29	26	29	2	24
WASHINGTON	26	32	28	29	28	11	12	23	9

NFL ODDS FROM THE LAS VEGAS HILTON

ODDS TO WIN			
AFC EAST	Div	Conf	Super Bowl
New England	1/5	2/1	9/2
NY Jets	6/1	13/1	30/1
Miami	10/1	25/1	60/1
Buffalo	10/1	23/1	50/1
AFC NORTH	Div	Conf	Super Bowl
Baltimore	5/4	6/1	15/1
Pittsburgh	6/5	6/1	15/1
Cincinnati	7/2	18/1	40/1
Cleveland	25/1	200/1	500/1
AFC SOUTH	Div	Conf	Super Bowl
Houston	1/5	4/1	10/1
Tennessee	9/2	25/1	60/1
Indianapolis	12/1	45/1	100/1
Jacksonville	15/1	75/1	200/1
AFC WEST	Div	Conf	Super Bowl
Denver	7/5	8/1	20/1
San Diego	7/5	13/1	30/1
Kansas City	9/2	18/1	40/1
Oakland	6/1	25/1	60/1
NFC EAST	Div	Conf	Super Bowl
Philadelphia	11/10	4/1	8/1
NY Giants	9/4	10/1	20/1
Dallas	9/4	12/1	25/1
Washington	15/1	50/1	100/1
NFC NORTH	Div	Conf	Super Bowl
Green Bay	1/3	5/2	5/1
Chicago	9/2	10/1	20/1
Detroit	9/2	10/1	20/1
Minnesota	20/1	50/1	100/1
NFC SOUTH	Div	Conf	Super Bowl
New Orleans	5/4	7/1	15/1
Atlanta	7/5	10/1	20/1
Carolina	7/2	20/1	40/1
Tampa Bay	12/1	100/1	200/1
NFC WEST	Div	Conf	Super Bowl
San Francisco	4/11	5/1	10/1
Seattle	5/1	30/1	60/1
Arizona	5/1	50/1	100/1
St. Louis	10/1	100/1	200/1

